



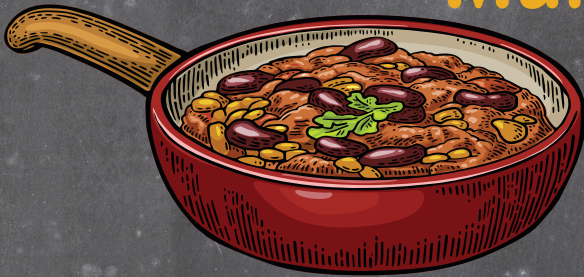
Blue Heron  
Students

# Cook!



Multicultural Meals

with Chef Sidonie



Wednesdays 1:15 - 3pm

CLASSES HELD AT BLUE HERON MIDDLE SCHOOL

MEXICO Wed. Oct. 16

BRAZIL Wed. Oct. 30

INDIA Wed. Nov. 13

ETHIOPIA Wed. Dec. 4



sign up for one or all at [www.foodcoop.coop/classes](http://www.foodcoop.coop/classes)\*



**\$25 PER CLASS**

\*Scholarships available  
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